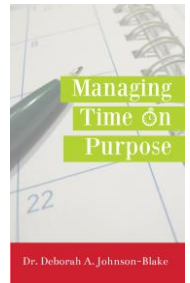


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**Dr. Deborah Johnson-Blake Tackles the Challenges of Time Management in New Book,
*Managing Time on Purpose***

(ATLANTA, GA) Dr. Deborah Johnson-Blake is pleased to announce the release of her first book, *Managing Time on Purpose*. Author Deborah Johnson-Blake reveals time wasters and effective time management strategies that all leaders can implement to be efficient in leading organizations. *Managing Time on Purpose* provides realistic strategies for managing time.

Author Deborah Johnson-Blake wrote the book based on her post-graduate doctoral dissertation research findings, which explored nonprofit administrators' perceptions of time use and effective time management strategies that impact organizational success. Her passion for being an effective time manager and work in the nonprofit arena ignited the topic for her research and this informative book, which leaps off the page with every time management strategy described. Johnson-Blake reveals the challenges that many leaders face when working towards achieving an organization's mission. Her suggested time management strategies are easy to implement and compliment any busy professional and personal lifestyle. Find your best time management strategies while reading this enlightening guide to becoming more intentional to managing your time purposefully.

Readers interested in being more efficient in managing time that impacts organizational success will thirst for *Managing Time on Purpose* and Johnson-Blake's research results. Dr. Johnson-Blake believes that to be effective time managers, leaders should "assess time as if it were your nemesis by conquering and strategizing victoriously."

Managing Time on Purpose by Dr. Deborah A. Johnson-Blake was published on September 7, 2015, from Asta Publications. It is available on Amazon in print & Kindle versions, and wherever books are sold.

For more information about purchasing copies of *Managing Time on Purpose* or to schedule a speaking engagement or book signing, please contact Dr. Deborah Johnson-Blake at 770-648-3895 or email managingtimeonpurposebydrdj@gmail.com.

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